

Carrots, Eggs and Tea (an old story with a timeless message)

The old tea merchant and his granddaughter were returning to their village from the city market. It was evening, so they stopped to make camp along a clear, rippling stream. As the old man laid out supper, the little girl gathered wood for the fire. After she returned, she sat watching her grandfather as he filled a pot with water from the stream and placed it over the fire he had made from her sticks.

After a while she sighed a long, weary sigh. Her grandfather asked, "Why such a sad sigh from such a young heart?" And she began to tell him how difficult it is to be a tea merchant's assistant. She told him how it was a life of long tiring trips to market, of many dangers along the road, of sleeping on the cold ground rather than in her bed at home, and of worry whether, after all was done, they would be able to sell their tea at a good price.

The old man nodded to let her know he was listening. Then he called her over to his side. The water in the pot had begun to boil. He scooped some of it into a smaller pot and sat it alongside the bigger pot on the fire. Into the large pot he dropped a handful of carrots and four eggs. In the smaller pot he placed some tea leaves. After a few minutes he ladled the carrots into a bowl, the eggs into another bowl, and poured the tea into two mugs.

"What do you see," he asked his granddaughter.

"I see eggs, carrots and tea," she replied.

"Feel the carrots," he said. She did so and found that they were soft.

"Now, peel the eggs," he said. She did so and after pulling off the shell she observed the hard boiled egg.

"Now taste the tea." She did so and smiled as it warmed her.

"What does it mean, grandfather," she asked.

He said, "Each of these faced the same adversity: boiling water. Each reacted differently. The carrots went in stiff and hard. Yet after a few minutes boiling they came out soft and weak. The egg went into the water fragile and easily broken. However, in the boiling its inside became stronger than its outside shell had ever been. And the tea, what did it do?"

She looked into her mug, sipped the tea again, and smiled as she recognized the answer. "It changed the water," she said.

Grandfather smiled and said, "That's right. You do not have a choice whether you will face adversity. It is there for each of us. But you most certainly have a choice how you will respond to it. Will you become weak like the carrot? Hard like the egg? Or, like the tea, when you face the heat will you release your true essence and change the situation around you?"

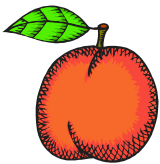


Later that night the little girl let herself drift to sleep like a fresh leaf floating along a shimmering brook.

Aromatica's Three Summer Secrets to Beat the Heat!



"Loose leaf tea in the summer? Are you crazy?!?!"

Crazy about the taste of our exotic blends on ice!

<p>Peach Apricot Paradise</p> <p>Ceylon black tea, natural peach essence, natural apricot essence, calendula flowers and citrus peel.</p> <p>Indescribably refreshing! Add 2 Tbs honey to pitcher before cooling. Gets rave reviews when we sample it at the store.</p> <p>Great with barbecues, picnics, compliments pork and chicken extremely well.</p> <p>Only 9 ½ cents per brewed cup! (Compared to \$1.73 for coffee at Starbucks)</p> 	 <p>Provence Rooibos</p> <p>Organic South African rooibos, rosehips, rose petals, lavender, dried currants, dried elderberries and natural flavouring.</p> <p>Organic, caffeine-free blend you must taste to believe. It is so good cold!</p> <p>Tastes best as an anytime refresher through the day or as a dessert iced tea. Try it with whipped cream topped gingerbread. Scent-sational!</p> <p>Only 11 cents per brewed cup!</p>	 <p>Angelwater Mint</p> <p>Spearmint leaves, lavender blossoms, rose petals, elder flowers and red clover.</p> <p>Organic, caffeine-free herbal blend. Icy spearmint together with full bodied garden blossoms.</p> <p>Bracing enough to stand on its own as your cool-down refresher. Heavenly.</p> <p>Only 20 cents per brewed cup!</p>
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Directions: Brew a pot as you usually would, pour into pitcher and place in refrigerator to cool. Add ice and enjoy! For full list of offerings visit our store or www.myaromatica.com/catalog.

Just in time for Summer

"being" natural scents for you spa, hot tub, Jacuzzi, jetted bath, or conventional bathtub.

"being" is a natural blend of essential oils, herbs, and botanicals that promote the well-being of your mind, body and spirit. Using the natural power of aromatherapy, "being" helps release you from the stress of daily life, freeing your thoughts and rejuvenating your spirit. "being" excites the senses and stimulates the soul.

Simply pour "being" into your spa or bath. As it mixes with the water, a light, natural essence is released, delivering the benefits associated with each blend. By the makers of Baqua Spa and Brilliance spa care products, "being" is safe for your system. Full information available in store and on line. Choose from 3 scentsational fragrances.

...Coming... July 22...another *Tea Tasting* at *Magnolia Manor*... the last one was a blast so we've arranged another. Please register via email at events@myaromatica.com and let us know you're coming.

Tea of the Month

Taster's Choice



Smooth and creamy. The same health giving benefits of natural rooibos, with a hint of rich, smooth caramel added. One of our best sellers. One customer in our store called it "liquid candy." Ingredients: Rooibos, caramel bits, safflower blossoms, natural flavouring.

Join the "**Ten Tea Club**"... purchase 10 teas or refills and get your 11th one free.

Remember to return your tea tins and save \$1 on refills.

Help Wanted:

Part Time Retail Sales Associate.
Experience in skin care/aromatherapy/tea an asset.
Base Rate + Bonus
Please submit your resume by fax to 604 703 1178 or by email to "jobs@myaromatica.com"

Soap of the Month

Glacial Springs

An icy cool blend of tingly Peppermint & penetrating Eucalyptus essential oils to invigorate and awaken the senses.

Ingredients – Saponified oils of olive, palm, coconut, soybean, shea butter, purified water, essential oils of Peppermint, Spearmint & Eucalyptus, glycerin ,Vitamin E & gardenia fruit extract.



Events:

Social Dance Party

Live Music by Rosario
Cash Bar & Door Prizes
Free Tea & Treats

June 17, 2006 from 8-midnight
at the Chilliwack Masonic Hall
\$10 per person at the door